

*Welcome to*



## **Sun Valley Skating Center**

Nestled in the middle of the spectacular Sawtooth Mountain Range is picturesque Sun Valley. There is no better place to train than the Sun Valley Skating Center. Experience high altitude training on our full-size indoor rink or the beautiful 180x90 foot outdoor rink. We have up to 20 sessions a day to choose from, along with over 10 different clinics offered by some of the most well respected professionals and champions in the country.

## TABLE OF CONTENTS

Sun Valley Skater Center Sessions .....	page 3
Registration & Payment Options .....	page 4
General Rink Rules .....	page 5
Freestyle Etiquette & Guidelines.....	page 6
Program Dance .....	page 7
Patch .....	page 8
Music Rules .....	page 9
Skating Instruction .....	page 10
Miscellaneous Info.....	page 11
Skating Coach Contact Info .....	page 12

## SUN VALLEY SKATING CENTER SESSIONS

Sun Valley Skating Center offers a variety of skating sessions for every skater, from beginner to advanced, recreational, freestyle and dance.

### **General Sessions**

Public skating sessions are offered on our picturesque outdoor rink. General Sessions are open to skaters of all ages and abilities, including recreational skaters, figure skaters and hockey players. Private or group lessons (up to 4 people) may be arranged with any of our coaches during general session times. Rental skates are available.

### **Freestyle Sessions**

Freestyle sessions are practice sessions for figure skaters only. These are held on our indoor rink and also on the outdoor rink during our summer skating school. Freestyle sessions are limited in the number of skaters per session, and by level. Our freestyle sessions are 50 minutes. Private and semi-private lessons may be arranged with any of our coaches.

### **Dance Sessions**

Dance sessions are restricted to ice dance only, both compulsory dance and freedance. Each session is 50 minutes in length.

### **Patch**

School figures are the basis for almost every element in skating. During a patch session you may learn or practice basic figure elements that inspired the modern sport. Skaters are assigned an individual section (*patch*) of ice on which to practice or have a lesson. Our patch sessions are held on the outdoor rink during our summer skating school. Each patch sessions is 50 minutes.

## REGISTRATION & PAYMENT OPTIONS

For your convenience Sun Valley Skating Center offers several payment options to meet your needs. ***All sessions must be paid for prior to skating.***

### **Single Admission**

You may pay for individual sessions as you skate, either General Session or Freestyle/Dance at the current walk on rate. Freestyle sessions are available as a walk-on, space permitting.

### **Punch Cards**

Punch cards are available for both General Sessions and Freestyle/Dance sessions. General Session cards are available for children (6-12 years) or Adults (13 & older), with or without skate rental. Our General Session cards and Freestyle cards come in increments of 24 admissions.

### **Monthly Pass (September-May only)**

During our winter months we offer a monthly skate pass. We offer an **Elite Pass** for freestyle sessions only and a **Basic Pass** for general sessions only. These passes are month to month. Payment is due at the first of each month. There is no pro-rated fee for partial month.

### **Summer Weekly Registration (June-August only)**

During our Summer Skating School we offer weekly registration for our Freestyle/Dance sessions and clinics. All ice time is purchased on a weekly basis, Monday through Friday. Choose the sessions you want to skate and you will be registered for that session every day it is scheduled during your selected weeks. We are unable to pre-register for individual sessions. Individual sessions may be purchased on a space available basis at the skate counter and paid for prior to skating. Weekly registration must be completed online by 11:00pm Saturday prior to your skating week. After the deadline you may pay the walk-on rate for sessions, classes and clinics (if space available) at the front counter.

## GENERAL RINK RULES

- **All sessions must be paid for in advance.** Skaters must check in with the rink attendant before entering the ice. Any skater failing to check in or pay may be asked to leave the ice.
- If using a punch card on file, the skater will be notified when the last punch is used. Skaters will be given one session grace if they do not have any punches left. After that they will not be permitted on the ice until they have purchased a new card or pay for the session. **IOU's will not be accepted.** Skaters not complying with this policy will lose their skating privileges.
- Our sessions often fill up during summer skating school. If you have not pre-registered and the session is full there is a chance you may not get on the session, regardless of scheduled lessons. You may put your name on a waiting list 10 minutes before the session starts. Any skater that is registered and does not show up five minutes after the session starts will lose their spot to the first person on the waiting list.
- For safety reasons skating with headphones is not allowed.
- Food or drinks, other than water, are not permitted on the ice.
- The hockey box and penalty box areas are for skaters, coaches and officials only. Parents, please use the bleachers in the balcony or along the south wall.
- The rink is not responsible for lost items or items left unattended. Please keep valuables locked in your locker.
- Please keep locker rooms clean and tidy. If you make a mess, please clean up after yourself.
- Smoking and alcohol are not permitted.
- Coaches and skaters do not have the right of way on **General Sessions**.
- Props are not allowed on General Sessions. Hand held props may be used on freestyle sessions (WINTER ONLY: September-May) when there are fewer than 8 people on a session. During peak season props may only be used on sessions designated by the rink manager.
- Please respect other coaches, skaters, parents and rink staff and treat them the way you would like to be treated, regardless of circumstances.

## FREESTYLE ETIQUETTE & GUIDELINES

- Sessions are designated based on freestyle/dance test levels. Skaters must skate on sessions according to their test level. Exceptions to this rule may be made pending review by the rink manager/skating director.
- The number of skaters allowed on a session will be limited based on the level of the session and the number of skaters participating. A general guideline will be provided, but the final decision will be made on a case by case basis to ensure the safety and enjoyment of all our patrons.
- For everyone's safety, all doors on the East end of the indoor rink must remain closed during sessions. If you need to enter or exit the ice, please close the doors behind you.
- Right of way on freestyle sessions is given to skaters who are running their program. On high volume sessions, skaters in program will be identified by a brightly colored sash or vest to make them more noticeable.
- Keep moving at all times. Standing or playing in the middle of the ice presents an additional hazard for others to avoid. It is especially important not to stop in the middle of the ice or any of the jumping corners. If you need a break please move to boards on the side of the rink.
- Look both ways before heading into traffic when you are skating to or from the boards.
- Spins should be practiced in the center of the ice. Be aware of those around you when practicing camel spins and back spirals.
- Please dispose of used tissues into the trash.
- Skaters and coaches are not allowed on the ice during resurfacing and must exit the ice immediately following each session.
- Please gather all of your belongings and exit the ice immediately when the bell rings at the end of the session.
- Work hard and have FUN!!!



## **PROGRAM DANCE**

(When offered or available)

A predetermined selection of compulsory dance music, varying between the easier and the more difficult dances, will be played on Program Dance sessions. For everyone's safety and enjoyment please note the the following guidelines and etiquette.

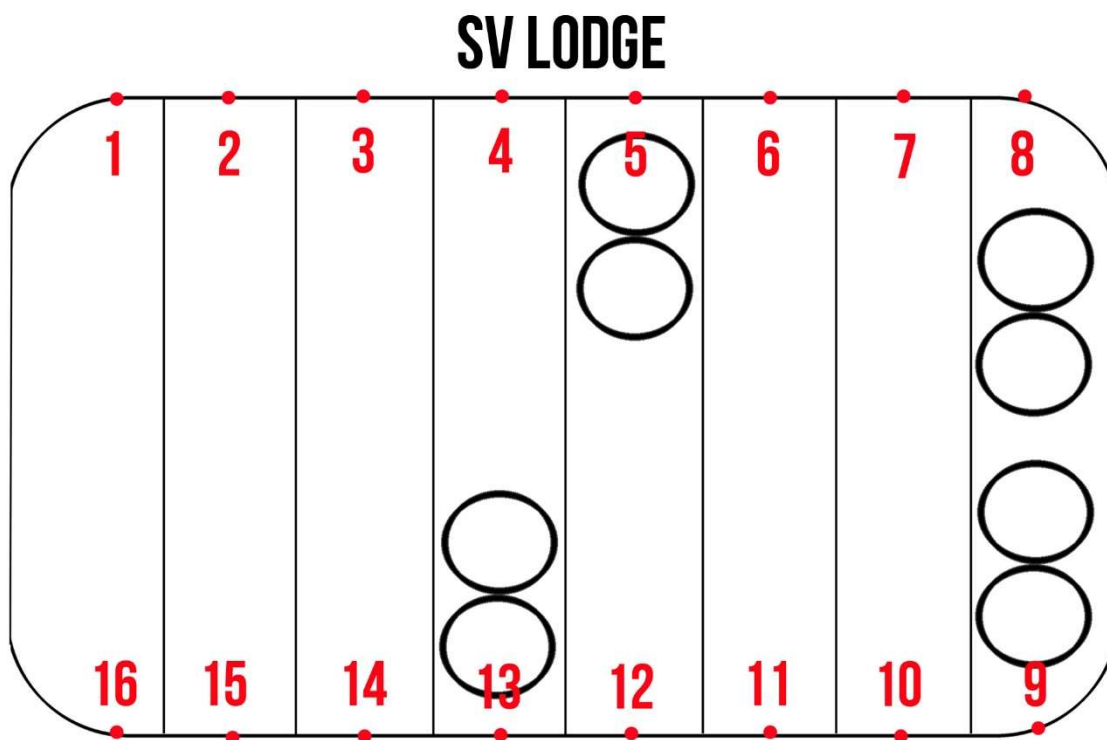
- Be aware of what is going on around you. The session may have coaches teaching students, as well as other skaters who may not be doing the dance being played. It is important to watch out for others.
- Right of way should be given to individuals skating the current dance being played. Skaters not doing the dance should be aware of those skating the dance and yield to them.
- Many dances have patterns that cover only half the rink, so skaters may start at either end of the rink. If you are lined up and waiting to start, please look to see if skaters who have started at the opposite end of the rink are approaching and yield to them.
- Please refrain from skating on (shadowing) another skater's pattern without permission.

Thanks for helping us make the session safe and enjoyable for everyone.

## PATCH

A session dedicated solely to practicing compulsory or school figures. The rink is divided into 16 individual sections or “patches” that are assigned to each skater signed up for the session. The sides of each individual patch are indicated by black lines on the rink boards. The center of each patch is identified by a red line on the rink boards (see diagram below).

- Only skate on the patch that you are assigned. NEVER skate over a patch other than your own. To access the various patches around the rink, you may skate around the perimeter of the rink to get to your assigned patch.
- The setting of a patch session similar to that of a library. No music is allowed. Loud talking and cell phones are discouraged.
- Patch sessions are limited to 16 skaters (one skater per patch). You must check in with the attendant prior to taking the ice to make sure there is room on the session and to be assigned a patch.



## KNOW YOUR PATCH



## MUSIC GUIDELINES

- Personal music may **not** be played on general sessions. Hand held music players may be used by coaches only. Volume should be kept at a reasonable level and should not interfere with the main music being played on the rink.
- Skaters and coaches only are allowed to use the music system. No parents please.
- Program music will be played on a rotational basis. Each skater may run two programs per session.
- Please do not stop and restart your music.
- After a skater's music has been played once, it may be put at the end of the line to re-enter rotation. Skaters wanting a second turn must allow first time skaters to move ahead in the rotation.
- Coaches may have priority to put a CD ahead of other skaters when giving a lesson. A program played during a lesson counts toward the two program policy.
- Coaches, please allow one non-lesson skater to go in the rotation if the previous skater was a lesson priority.
- During competition week, coaches will **not** have priority to put CDs ahead of other skaters.
- Please handle the music equipment and other skater's CD's with caution.
- Skaters and coaches please be ready for your turn in the rotation.
- The music area is not to be used for storage of your personal CDs. CDs left overnight will be placed in the lost and found. We are not responsible for lost CDs.
- For safety reasons skating with headphones is not allowed.
- Please keep volume at a reasonable level. If you think it is too loud, it probably is.
- Pandora, Spotify, etc. may not be played on our music system.

## SKATING INSTRUCTION

Skating instruction is available for all levels of skaters, from beginner through advanced. Instruction is available for basic skills, moves in the field, freestyle, dance, pairs, figures, choreography and hockey. All instructors are private contractors and must be contacted by the skater/parent directly. Sun Valley Company is not responsible for assigning you a professional, or setting up lessons for you. Requests will be fulfilled based on availability of the instructor. **All lesson payments are made directly to the individual instructor.** Full lesson rates are due if 24 hour notice is not given to your instructor.

- Private lessons may include up to two (2) students on freestyle sessions and four (4) on general sessions.
- Parents, please remember that you hire the coaches to teach your child. You are responsible for choosing which coaches work with your child.
- Skaters may choose to take lessons or classes from any and all coaches they desire.
- When choreographing programs, please use boom boxes, not the main sound system.
- Whenever possible, coaching should be done from the side of the rink.

## MISCELLANEOUS INFO

### **PARKING**

Ice rink parking is available in the parking lot behind the indoor rink on Dollar Road. Overflow parking is available in the lot across the street.

### **LOCKER RENTAL**

Lockers are available to rent in the indoor rink. We offer weekly, monthly, 6 month, and yearly rates. Please see an attendant at the outdoor rink for information. Single use coin-operated lockers are available in the outdoor rink skate house.

### **SKATE SHARPENING/BLADE MOUNTING**

Skate sharpening is available for both figure and hockey skates. You may leave your skates with attendant at the outdoor rink skate house. Payment is required when you drop off your skates. Please allow up to 24 hours for sharpening. Blade mounting is also available.

### **SKATE SHOP**

Our full service skate shop is located in the outdoor rink skate house. We offer a selection of skate guards, soakers, tights, skating dresses and other items for your skating needs.

### **BUS SERVICE**

Mountain Rides FREE Town Bus serves Warm Springs, Ketchum, Sun Valley, Elkhorn, Dollar, River Run, St. Luke's, and more!! For information please visit Mountain Rides <https://www.mountainrides.org>

### **FOOD & BEVERAGES**

Sun Valley Resort has several restaurants in the Village to fuel your hungry body. Please visit <https://www.sunvalley.com/dining> for information on Sun Valley Resort dining choices.

### **LODGING**

Sun Valley Resort offers many lodging options, from charming cottages, modern condominiums and our historic lodges. For information please visit <https://www.sunvalley.com/lodging#/>

Other lodging options in the Ketchum/Sun Valley area are available at several hotels in Ketchum, as well as <https://www.airbnb.com> and <https://www.vrbo.com>

## SUN VALLEY SKATING CENTER COACHES

### **Darlin Baker**

Coaches: Freestyle, Dance,  
Moves in the Field &  
Choreography  
Email: darlin@darlinsdarlins.com

### **Judy Blumberg**

Coaches: Dance, Freestyle,  
Moves & Choreography  
Email: judybnnyc@aol.com

### **Brent Bommentre**

Coaches: Ice Dance & Moves  
in the Field  
Email: skaterbab@aol.com

### **Ryan Bradley** (*summer only*)

Coaches: Spins, Jumps  
& Basic Skills  
Email: ryansbradley1@gmail.com

### **Ashley Clark**

Coaches: Style, Choreography,  
Freestyle, Spins, Moves in the  
Field. Dartfish Certified  
Email: sk8erclark@mac.com

### **Stephanee Grosscup** (*summer*)

Coaches: Basic Skills, Jumps,  
Spins, Moves, Choreography,  
Style & Line  
Email: spinsfaster@me.com

### **Gia Guddat**

Coaches: Freestyle &  
Choreography  
Email: giaguddatSV@aol.com

### **Anita Hartshorn**

Coaches: Freestyle, Moves,  
Pairs & Choreography  
Email: fandaice@aol.com

### **Craig Heath** (*summer only*)

Coaches: Spins, Freestyle  
& Choreography  
Email: cheathbar1@aol.com

### **Jonathon Hunt** (*summer only*)

Coaches: Freestyle, Pairs  
& Pole Harness  
Email:  
jonathonhunt1@yahoo.com

### **Michele Monnier**

Coaches: Figures, Freestyle,  
Dance, Moves  
Email: stashaspanky@gmail.com

### **Frank Sweiding**

Coaches: Freestyle, Pairs,  
Figures & Style  
Email: FSweiding@gmail.com

### **Natalia Zaitseva**

Coaches: Freestyle, Pairs,  
Power Stroking & Choreography,  
Moves & Off Ice Conditioning  
Email: nzaya@mail.ru