

Other Summer Activities

Mountain Biking	Paved Bike Paths	Hiking	Gym
Bowling Alley	Horseback Riding	Gun Club	Golf
River Rafting	Paragliding	Fishing	Boating
Olympic Size Pool	Two Heated Pools	Sauna	Hot Tub
Full Service Salon	World Class Spa	Art Galleries	Shopping
Outdoor Concerts	17 Tennis Courts	Restaurants	

Dine at the famous Lodge Terrace, where guests may watch world-renowned skaters practice for the Sun Valley Summer Ice Shows.

For more information and to download registration forms please visit our website www.sunvalley.com/skateschool.



Summer Ice Shows

Join the excitement Saturday nights at dusk, July 4th through Labor Day. Call the Sun Valley Recreation office for information and tickets: 208.622.2135



Ryan Bradley
US Gold Medalist

"Sun Valley is the most anticipated time of my year. It is my little home away from home. I hope to keep coming back for the rest of my life."



Sun Valley Skating School

208.622.2193 • skatingcenter@sunvalley.com
www.sunvalley.com/skateschool



Keep in touch for exciting kids' programs and events throughout the season.



Sun Valley Skating School Coaches

Darlin Baker \$68/25

Coaches: Freestyle, Dance, Moves in the Field & Choreography
Email: darlin@darlinsdarlins.com

Kelsey Bates \$50/25

Coaches: Freestyle, Moves & Choreography
Email: kelsey@bates.com

Judy Blumberg \$70/25

Coaches: Dance, Freestyle, Moves & Choreography
Email: judybnnyc@aol.com

Brent Bommentre \$60/25

Coaches: Ice Dance & Moves in the Field
Email: skaterbab@aol.com

Ryan Bradley \$65/25

Coaches: Spins, Jumps & Basic Skills
Email: ryansbradley1@gmail.com

Ashley Clark \$55/25

Coaches: Style, Choreography, Freestyle, Spins, Moves in the Field & Dartfish Certified
Email: sk8erclark@mac.com

Carly Clarkson \$55/25

Coaches: Dance, Skating Skills, Moves & Choreography
Email: cdonowick@gmail.com

Nicole Duke \$50/25

Coaches: Freestyle, Pairs Moves & Choreography
Email: nicoleduke0511@gmail.com

Jason Graetz \$50/25

Coaches: Basic Skills, Freestyle, Tricks & Figures
Email: itsjasongraetz@gmail.com

Stephane Grosscup \$60/25

Coaches: Basic Skills, Jumps, Spins, Moves, Choreography, Style & Line, Figures
Email: spinsfaster@me.com

Gia Guddat \$60/25

Coaches: Freestyle, Choreography, Style & Clinics
Email: giaguddatSV@aol.com

Anita Hartshorn \$60/25

Coaches: Freestyle, Moves, Pairs & Choreography
Email: fandaice@aol.com

Craig Heath \$65/25

Coaches: Spins, Freestyle & Choreography
Email: craigsk8@icloud.com

Jonathon Hunt \$55/25

Coaches: Freestyle, Pairs & Pole Harness
Email: jonathonhunt1@yahoo.com

Michele Monnier \$60/25

Coaches: Figures, Freestyle, Dance, Moves
Email: stashaspanky@gmail.com

Kim Navarro \$55/25

Coaches: Freestyle, Dance, Moves in the Field & Choreography
Email: knava16@aol.com

Nix Phengsy \$55/25

Coaches: Freestyle, Pairs Moves & Choreography
Email: nix12skater13@gmail.com

Frank Sweiding \$60/25

Coaches: Freestyle, Pairs, Figures & Power
Email: fsweiding@gmail.com

Lexis Verhulst \$50/25

Coaches: Freestyle, Moves Skating Skills & Choreography
Email: verhulstlexis@yahoo.com

Harrison Wong \$50/25

Coaches: Freestyle, Moves & Choreography
Email: harrisonwong@me.com

Natalia Zaitseva \$55/25

Coaches: Freestyle, Pairs, Power Stroking & Choreography, Moves & Off Ice Conditioning
Email: nzaya@mail.ru



Summer Skating School
June 26th - August 18th 2023

* Coaches subject to change due to unforeseen circumstances.
* Lesson prices based on 25 minute lesson



Skating Clinics: Your Turn on The Ice

Special Events

Sun Valley Skating School

Celebrating Our 87th Season!

Nestled in the middle of the spectacular Sawtooth Mountain Range is picturesque Sun Valley. There is no better place to train than the Sun Valley Skating Center which features:

- High altitude training
- Full-service skate shop
- Beautiful 180x90 foot outdoor rink
- Up to 20 sessions a day to choose from
- Full-size indoor rink with ballet studio & jumping harness
- International staff of over 20 top professionals & champions
- Over 10 different clinics offered by some of the most well respected professionals in the country

Registration

Weekly Rates:

Reservations are made on a Monday through Friday basis. Walk-on's for sessions at the Skating Center will be on a first-come, first-served basis at \$18.00 per session. Sessions fill up quickly. See the payment schedule sheet for individual and weekly prices for sessions and clinics.

Lockers: \$15 per week or \$45 per month.

Register for ice time:

For your convenience we now offer online registration at www.sunvalley.com/skateschool. Applications will be taken online only. Phone reservations cannot be accepted. For information only, please call: 208.622.2192 or 208.622.2193.

Mailing Address:

Scott Irvine–Sun Valley Ice Skating School
Sun Valley Resort
PO Box 10, Sun Valley, Idaho 83353

208.622.2193
skatingcenter@sunvalley.com

Dance with Our Stars Cost: \$20 per class
Whether you're a beginner or an experienced ice dancer, the stars of Sun Valley on Ice will help sharpen your skills. Join our rotating staff of dance coaches and feel the thrill of one of the hottest disciplines in skating.

Days: Monday **Time:** 1:20pm–1:45pm

Spin to Win with Craig Heath Cost: \$40 per week
Class will focus on Craig's techniques to improve overall speed, length of spins and positions. With the new judging system in place, this is the perfect time to give extra attention to all of your spins.

Days: Tuesday & Thursday **Time:** 8:30am–8:55am

Off-Ice Conditioning Cost: \$60 per week
Each day will focus on different strength and conditioning exercises, including stretching, off-ice jumps, dance, etc. To help build core strength and flexibility. Ballet studio.

Days: Monday, Wednesday & Friday **Time:** 11:30am–12:15pm

Edge & Extend Cost: \$40 per week
Class focuses on basic and complex exercises using edges, turns, and extension. Helpful in strengthening overall skating skills, moves in the field, and transitions.

Days: Tuesday & Thursday
Low: Pre-pre thru Pre-juv **Time:** 2:45pm–3:10pm
High: Juvenile & up **Time:** 3:10pm–3:35pm

Jump Technique Cost: \$20 per class
Rotating staff of coaches will focus on various aspects of jump technique and practice exercises. Hone your jumping skills today.

Days: Friday **Time:** 1:20pm–1:45pm

Synchro, Pairs & More with Anita Hartshorn Cost: \$20/class
Have fun working as part of a team while learning essential skills that are used in pairs, synchro & free dance. Class will focus on unison, side by side elements, spins, lifts and skating with a partner or as a group. All levels & ages welcome.

Days: Tuesday **Time:** 1:20pm–1:45pm

Power Stroking w/ Natalia Zaitseva Cost: \$60 per week
Maximize your overall power on the ice through your edges, your knees and your feet.

Days: Monday, Wednesday & Friday
Low: Basic thru pre-juvenile **Time:** 2:45pm–3:10pm
High: Juvenile & up **Time:** 3:10pm–3:35pm

Sk8 Tricks with Craig Heath Cost: \$40 per week
Sk8 Tricks focuses on all the different traditional "show tricks" such as butterflies, illusions, hydroblading, spread eagles, stars, etc.

Days: Friday **Time:** 8:30am–8:55am

Jump to Win with Craig Heath Cost: \$40 per week
Give your day a "JUMP" start with Craig's "Jump to Win." Class focuses on jump technique, exercise to improve jumping ability, solid landing positions & overall consistency.

Days: Monday & Wednesday **Time:** 8:30am–8:55am

Theater on Ice with Stephanie Grosscup Cost: \$20 per week
Skaters will explore a wide range of musical styles and ideas, with an emphasis on the dramatic and show business side of skating. Focus is on musical interpretation, character development, working with props and show skating moves. All levels of skaters are welcome.

Days: Thursday **Time:** 1:20pm–1:45pm

Coffee Club (Adults Only) Cost: \$80 per week
Join us on the beautiful outdoor rink for a morning of learning & fun. Class is for adults only, taught by a rotating staff of professionals focusing on a different aspect of the sport each day. Skills include edges, moves, dance, choreography, style, musical interpretation and more. Coffee and general session included.

Days: Monday–Friday **Time:** 9:05am–9:30am

Spiral in Style with Darlin Baker Cost: \$20 per week
Make your spirals sparkle and shine. Class will focus on basic spirals to advanced spirals, variations and extensions. Emphasis will be on technique, turn out, extension and flexibility, while working on sustaining positions and being creative.

Days: Wednesday **Time:** 1:20pm–1:45pm

Figures 101 Cost: \$20 per week
School figures are the basis for almost every element in skating. Join Michele Monnier and learn basic figure elements that inspired the modern sport. Twenty-five minute group instruction and patch session included.

Days: Monday **Time:** 7:40am–8:05am

Stepping Out Cost: \$100 per week
Learn to perform like a pro. Each week new choreography is taught to music and developed to performance quality by Friday. Focus is on learning new step combinations, counting music, learning to perform and develop different styles.

Days: Monday–Friday **Time:** 4:00pm–4:25pm

2023 Sun Valley Summer Championships / July 17 - 23
Official practice and event times will be announced in May. Please visit the Sun Valley Figure Skating Clubs website for more information.

www.sunvalleyfsc.org

The Sun Valley Summer Championships offers events from Basic Skills to Senior in Compulsory, Free-Skate, Artistic, Showcase and National Solo Dance Series.

Sun Valley FSC Summer 2023 Test Sessions

July 15/16 - Application deadline is **July 5**
August 19/20 - Application deadline is **August 9**

Applications can be downloaded from the SVFSC website www.sunvalleyfsc.org

19th Annual Adult Skaters Week / August 20-26

The adult's only week will include:
multiple sessions with On Ice Seminars
World-class presenters in Freestyle, Dance & Choreography
On Ice activities and clinics fee \$800



INDOOR ICE RINK

	TIME	SESSION/CLASS	DAY
	7:30-8:20	Open Freestyle/Dance	Mon-Fri
	8:30-9:20	Open Freestyle/Dance	Mon-Fri
	9:30-10:20	Freestyle/Dance (PP-Int)	Mon-Fri
	10:30-11:20	Freestyle/Dance (Juv-Sr)	Mon-Fri
	11:30-12:20	Freestyle/Dance (Int-Sr)	Mon-Fri
	11:30-12:15	Off Ice Conditioning	M, W, F
	12:30-1:20	Adult Session	Mon-Fri
	1:20-1:45	Dance with our Stars	Mon
	1:20-1:45	Synchro, Pairs & More	Tue
	1:20-1:45	Spiral in Style	Wed
	1:20-1:45	Theater on Ice	Thu
	1:20-1:45	Jump Technique	Fri
	1:55-2:45	Freestyle/Dance (NT-Juv)	Mon-Fri
	2:45-3:10	Stroking (Low)	M, W, F
	2:45-3:10	Edge & Extend (Low)	Tue, Thurs
	3:10-3:35	Stroking (High)	M, W, F
	3:10-3:35	Edge & Extend (High)	Tue, Thurs
	3:45-4:35	Freestyle/Dance (Int-Sr)	Mon-Fri
	4:35-5:25	Open Freestyle/Dance	Mon-Fri
	5:35-6:25	Dance/Moves	Mon-Fri
	6:25-7:25	Dance	Tue, Thurs

OUTDOOR ICE RINK

	TIME	SESSION/CLASS	DAY
	7:40 – 8:05	Figures 101	Mon
	7:40 – 8:30	Patch	Mon-Fri
	8:30 – 8:55	Jump to Win	Mon & Wed
	8:30 – 8:55	Spin to Win	Tue & Thur
	8:30 – 8:55	Sk8 Tricks	Fri
	9:05 – 9:30	Coffee Club	Mon-Fri
	9:30-11:00	General Session	Mon-Fri
	11:10-12:00	Adult Session	M, T, T, F
	12:25-1:15	SV PRO ICE (private)	Mon-Fri
	1:25-3:00	General Session	Mon-Fri
	3:10-4:00	Freestyle (NT-Juv) *under 18 years*	Mon-Fri
	4:00-4:25	Stepping Out!	Mon-Fri
	4:35-6:05*	General Session	Mon-Fri
	6:15 – 7:05*	Freestyle (Juv-Sr)	Mon-Fri
	7:15 – 9:00*	General Session	Mon-Fri

*Session Cancelled on Ice Show nights

** To skate a session you must have passed the Freestyle test for that level, not just the Moves test.

Summer 2023

